

Application for Life

- Write out a list of everyone who has ever wronged you (those still hanging in your soul) and lay this out before God. Turn it over to God to judge it in His time. Keep turning these people/sins over, thinking on the sacrifice of Christ on the cross for those sins - until God brings you His joy.
- Pray for God's blessings on your enemies (and His rescue from their schemes) until God brings you His joy.
- Memorize & meditate on Psalm 43 for the next 5 days. Write out your own version - paraphrase.
- Compare Psalm 43 with Psalm 42 - especially similar thoughts or phrases. What is the heart cry of these phrases? Where is the confidence of the Psalmist?



Joy in the Journey of Worship

"Christ's Cross, Our Joy"

Psalm 43

_____ me, O God,
and plead my cause against an
ungodly nation;
_____ me from deceitful and
wicked men.

You are God my _____.
_____ have you rejected ____?
_____ must I go about mourning,
oppressed by the enemy?

Send forth your _____ and your _____,
let them guide me;

let them bring me to your holy mountain,
to the place where you _____.

Then will I go to the _____ of God,
to God, my _____ and my _____.
_____ will praise you with the harp,
O God, my God.

Why are you downcast, O my soul?

Why so disturbed within me?

Put your _____ in God,
for _____ will yet praise him,
my Savior and my God.